

Publications

Nina Knoll

Last update: 07 Nov 2022

Journal Articles/Original Work

Accepted/In Press/E-Publications Ahead of Print

1. Kulis, E., Szczuka, Z., Banik, A., Siwa, M., Boberska, M., Knoll, N., Radtke, T., Scholz, U., Rhodes, R. E., & Luszczynska, A. (2022-in press). Insights into effects of individual, dyadic, and collaborative planning interventions on automatic, conscious, and social process variables. *Social Science & Medicine*, 115477. <https://doi.org/10.1016/j.socscimed.2022.115477>.
2. Siwa, M., Szczuka, Z., Banik, A., Kulis, E., Boberska, M., Wietrzykowska, D., Knoll, N., DeLongis, A., Knäuper, B., & Luszczynska, A. (2022 – in press). The dyadic interplay between relationship satisfaction, perceived positive and negative social control, and a reduction of sedentary behavior time. *Annals of Behavioral Medicine*. <https://doi.org/10.1093/abm/kaac032>
3. Szczuka, Z., Kulis, E., Boberska, M., Banik, A., Siwa, M., Zaleskiewicz, H., Knoll, N., Revenson, T. A., & Luszczynska, A. (2022 – in press). Dyadic reciprocal associations between self-efficacy and planning predict sedentary behaviour. *British Journal of Health Psychology*. <https://doi.org/10.1111/bjhp.12633>

2022

1. Bethke, N., Gellert, P., Knoll, N., Weber, N., & Seybold, J. (2022). A school-based educational on-site vaccination intervention for adolescents in an urban area in Germany: feasibility and psychometric properties of instruments in a pilot study. *BMC Public Health*, 22, 60. <https://doi.org/10.1186/s12889-021-12443-8>
2. Di Maio, S., Keller, J., Kwasnicka, D., Knoll, N., Sichert, L., & Fleig, L. (2022). What helps to form a healthy nutrition habit? Daily associations of intrinsic reward, anticipated regret, and self-efficacy with automaticity, *Appetite*, 175, Article 106013. <https://doi.org/10.1016/j.appet.2022.106083>
3. Domke, A., Keller, J., Knoll, N., Sniehotta, F. F., Heuse, S., & Wiedemann, A. U. (2022). Plan pursuit in the context of daily fruit and vegetable consumption: The importance of cue detection and the execution of the planned behaviour for overall behaviour change. *British Journal of Health Psychology*, 27(3), 1172-1187. <http://doi.org/10.1111/bjhp.12593>
4. Katzenelenbogen, O., Knoll, N., Stadler, G., & Bar-Kalifa, E. (2022). The role of individual and dyadic planning in couples' daily goal pursuits. *Personality and Social Psychology Bulletin*, 48(2), 239-253. <https://doi.org/10.1177/0146167221997630>
5. Keller, J., Kwasnicka, D., Wilhelm, L. O., Lorbeer, N., Pauly, T., Domke, A., Knoll, N., & Fleig, L. (2022). Hand washing and related cognitions following a brief behavior change intervention during the COVID-19 pandemic: a pre-post analysis. *International Journal of Behavioral Medicine*, 29(5), 575-586. <https://doi.org/10.1007/s12529-021-10042-w>

6. Kulis, E., Szczuka, Z., Keller, J., Banik, A., Boberska, M., Kruk, M., Knoll, N., Radtke, T., Scholz, U., Rhodes, R. E., & Luszczynska, A. (2022). Collaborative, dyadic, and individual planning and physical activity: A dyadic randomized controlled trial. *Health Psychology, 41* (2), 134-144. <http://dx.doi.org/10.1037/hea0001124>
7. Luszczynska, A., Szczuka, Z., Abraham, C., Baban, A., Brooks, S., Cipolletta, S., Danso, E., Dombrowski, S. U., Gan, Y., Gaspar, T., Gaspar de Matos, M., Griva, K., Jongenelis, M., Keller, J., Knoll, N., Ma, J., Miah, M. A. A., Morgan, K., Peraud, W., Quintard, B., Shah, V., Schenkel, K., Scholz, U., Schwarzer, R., Siwa, M., Taut, D., Tomaino, S. C. M., Vilchinsky, N., & Wolf, H. (2022). The interplay between strictness of policies and individuals' self-regulatory efforts: associations with handwashing during the COVID-19 pandemic. *Annals of Behavioral Medicine, 56* (4), 368-380. <https://doi.org/10.1093/abm/kaab102>
8. Swora, E., Boberska, M., Kulis, E., Knoll, N., Keller, J., & Luszczynska, A. (2022). Physical activity, positive and negative symptoms of psychosis, and general psychopathology among people with psychotic disorders: A meta-analysis. *Journal of Clinical Medicine, 11*, 2719. <https://doi.org/10.3390/jcm11102719>

2021

9. Banik, A., Zarychta, K., Knoll, N., & Luszczynska, A. (2021). Cultivation and enabling effects of social support and self-efficacy in parent-child dyads. *Annals of Behavioral Medicine, 55*, 1198-1210. <https://doi.org/10.1093/abm/kaab004>
10. Di Maio, S., Keller, J., Hohl, D. H., Schwarzer, R., & Knoll, N. (2021). Habits and self-efficacy moderate the effects of intentions and planning on physical activity. *British Journal of Health Psychology, 26*, 50-66. <https://doi.org/10.1111/bjhp.12452>
11. Domke, A., Keller, J., Heuse, S., Wiedemann, A. U., Lorbeer, N., & Knoll, N. (2021). Immediate effects of a very brief planning intervention on fruit and vegetable consumption: A randomized controlled trial. *Applied Psychology: Health and Well-Being, 13*, 377-391. <https://doi.org/10.1111/aphw.12254>
12. Eicher, S., Pryss, R., Baumeister, H., Hövener, C., Knoll, N., & Cordes, C. (2021). Quality of life during the COVID-19 pandemic – Results of the CORONA HEALTH App study. *Journal of Health Monitoring, 6* (S6), 2-21. <https://doi.org/10.25646/8867>
13. Scholz, U., Stadler, G., Berli, C., Lüscher, J., & Knoll, N. (2021). How do people experience and respond to social control from their partner? Three daily diary studies. *Frontiers in Psychology, 11*, 613546. <https://doi.org/10.3389/fpsyg.2020.613546>
14. Szczuka, Z., Abraham, C., Baban, A., Brooks, S., Cipolletta, S., Danso, E., . . . Luszczynska, A. (2021). The trajectory of COVID-19 pandemic and handwashing adherence: findings from 14 countries. *BMC Public Health, 21*(1), 1791. <https://doi.org/10.1186/s12889-021-11822-5>
15. Szczuka, Z., Kulis, E., Boberska, M., Banik, A., Kruk, M., Keller, J., Knoll, N., Scholz, U., Abraham, C., & Luszczynska, A. (2021). Can individual, dyadic, or collaborative planning reduce sedentary behavior? A randomized controlled trial. *Social Science & Medicine, 287*, 114336. <https://doi.org/10.1016/j.socscimed.2021.114336>

2020

16. Boberska, M., Zarychta, K., Knoll, N., Keller, J., Hohl, D. H., Horodyska, K., Kruk, M., & Luszczynska, A. (2020). Maternal practices and perceptions of child body mass status explain child energy expenditure behaviors and body mass. *Journal of Behavioral Medicine*, 43, 904-915. <https://doi.org/10.1007/s10865-020-00138-1>
 17. Di Maio, S., Keller, J., Job, V., Felsenberg, D., Ertel, W., Schwarzer, R., & Knoll, N. (2020). Health demands moderate the link between willpower beliefs and physical activity in patients with knee osteoarthritis. *International Journal of Behavioral Medicine*, 27, 406-414. doi: 10.1007/s12529-020-09865-w
 18. Fodor, D., Pohrt, A., Gekeler, B. S., Knoll, N., & Heuse, S. (2020). Intensity matters: The role of physical activity in the job-demands-resources model. *Journal of Work and Organizational Psychology*, 36(3), 223 - 229. <https://doi.org/10.5093/jwop2020a21>
 19. Gruszczyńska, E., Kroemeke, A., Knoll, N., Schwarzer, R., & Warner, L. M. (2020). Well-being trajectories following retirement: A compensatory role of self-enhancement values in disadvantaged women. *Journal of Happiness Studies*, 21, 2309–2325. <https://doi.org/10.1007/s10902-019-00102-0>
 20. Keller, J., Hohl, D. H., Hosoya, G., Heuse, S., Scholz, U., Luszczynska, A., & Knoll, N. (2020). Long-term effects of a dyadic planning intervention with couples motivated to increase physical activity. *Psychology of Sport & Exercise*, 49, e101710. <https://doi.org/10.1016/j.psychsport.2020.101710>
 21. Knoll, N., Keller, J., Luszczynska, A., Scholz, U., Röcke, C., Schrader, M., & Heckhausen, J. (2020). Control strategies and daily affect: Couples adapt to new functional limitations. *GeroPsych*, 33, 155-169. doi: 10.1024/1662-9647/a000229
 22. Pauly, T., Keller, J., Knoll, N., Michalowski, V. I., Hohl, D. H., Ashe, M. C., Gerstorff, D., Madden, K. M., & Hoppmann, C. A. (2020). Moving in sync: Hourly physical activity and sedentary behavior are synchronized in couples. *Annals of Behavioral Medicine*, 54, 10-21. doi: 10.1093/abm/kaz019
 23. Roomaney, R., Kagee, A., & Knoll, N. (2020). Received and perceived support subscales of the Berlin Social Support Scales in women diagnosed with breast cancer attending the breast clinic at Tygerberg hospital: Structure and correlates. *South African Journal of Psychology*, 50(1), 54–66. doi: 10.1177/0081246319831819
- 2019**
24. Boberska, M., Horodyska, K., Kruk, M., Knoll, N., Hohl, D. H., Keller, J., & Luszczynska, A. (2019). Parental strategies restricting screen use among children, screen home environment, and child screen use as predictors of child body fat: A prospective parent-child study. *British Journal of Health Psychology*, 24, 298-314. <https://doi.org/10.1111/bjhp.12354>
 25. Czekierda, K., Horodyska, K., Banik, A., Wilhelm, L., Knoll, N., & Luszczynska, A. (2019). Meaning in life and physical quality of life: Cross-lagged associations during in-patient rehabilitation. *Rehabilitation Psychology*, 64, 425-435. doi: 10.1037/rep0000281
 26. Czekierda, K., Zarychta, K., Knoll, N., Keller, J., & Luszczynska, A. (2019). Links between meaning in life and physical quality of life after rehabilitation: Mediating effects of positive experiences with physical exercises and mobility. *PLoS ONE*, 14(10), e0224503. doi:10.1371/journal.pone.0224503

27. Domke, A., Keller, J., Fleig, L., Knoll, N., & Schwarzer, R. (2019). What makes a good action plan? Characteristics and enactment of fruit and vegetable plans. *Appetite*, 142, 104351. doi: 10.1016/j.appet.2019.104351
28. Hohl, D. H., Schultze, M., Keller, J., Heuse, S., Luszczynska, A., & Knoll, N. (2019). Inter-Relations between partner-provided support and self-efficacy: A dyadic longitudinal analysis. *Applied Psychology: Health and Well-Being*, 11, 522–542. doi: 10.1111/aphw.12166.
29. Kroemeke, A., Knoll, N., & Sobczyk-Kruszelnicka, M. (2019). Dyadic support and affect in patient-caregiver dyads following hematopoietic stem-cell transplantation: A diary study. *Journal of Consulting and Clinical Psychology*, 87, 541-550. doi: 10.1037/ccp0000398
30. Lüscher, J., Hohl, D. H., Knoll, N., & Scholz, U. (2019). Invisible social support and invisible social control in dual-smoker couple's everyday life: A dyadic perspective. *Annals of Behavioral Medicine*, 53, 527-540. doi: 10.1093/abm/kay062
31. Stanczykiewicz, B., Banik, A., Knoll, N., Keller, J., Hohl, D. H., Rosinczuk, J., & Luszczynska, A. (2019). Sedentary behaviors and anxiety among children, adolescents and adults: A systematic review and meta-analysis. *BMC Public Health*, 19, 459. <https://doi.org/10.1186/s12889-019-6715-3>

2018

32. Baldensperger, L., Wiedemann, A. U., Keilholz, U., Wessel, L., & Knoll, N. (2018). Social network, autonomy, and adherence correlates of future time perspective in patients with head and neck cancer. *Psycho-Oncology*, 27, 1545–1552. doi: 10.1002/pon.4690
33. Banik, A., Schwarzer, R., Knoll, N., Czekierda, K., & Luszczynska, A. (2018). Self-efficacy and quality of life among people with cardiovascular diseases: A meta-analysis. *Rehabilitation Psychology*, 63, 295-312. doi:10.1037/rep0000199
34. Boberska, M., Szczuka, Z., Kruk, M., Knoll, N., Keller, J., Hohl, D. H., & Luszczynska, A. (2018). Sedentary behaviors and health-related quality of life. A systematic review and meta-analysis. *Health Psychology Review*, 12, 195-210. doi:10.1080/17437199.2017.1396191
35. Deeken, F., Häusler, A., Nordheim, J., Rapp, M., Knoll, N., & Rieckmann, N. (2018). Psychometric properties of the perceived stress scale in a sample of German dementia patients and their caregivers. *International Psychogeriatrics*, 30(1), 39-47. doi: 10.1017/S1041610217001387
36. Hohl, D. H., Lüscher, J., Keller, J., Heuse, S., Scholz, U., Luszczynska, A., & Knoll, N. (2018). Inter-relations among negative social control, self-efficacy, and physical activity in healthy couples. *British Journal of Health Psychology*, 23, 580-596. doi: 10.1111/bjhp.12305
37. Kagee, A., Roomaney, R. & Knoll, N. (2018). Psychosocial predictors of distress and depression among South African breast cancer patients. *Psycho-Oncology*, 27, 908-914. doi: 10.1002/pon.4589
38. Knoll, N., Hohl, D. H., Motter, S., Keller, J., Lange, D., Felsenberg, D., Martus, P., Ertel, W., & Schwarzer, R. (2018). Facilitating physical activity and reducing symptoms in patients with knee osteoarthritis: Study protocol of a randomized controlled trial to test a theory-based PrevOP-Psychological Adherence Program

(PrevOP-PAP). *BMC Musculoskeletal Disorders*, 19, e221.
<https://doi.org/10.1186/s12891-018-2158-8>

39. Lange, D., Barz, M., Baldensperger, L., Lippke, S., Knoll, N., & Schwarzer, R. (2018). Sex differential mediation effects of planning within the health behavior change process. *Social Science and Medicine*, 211, 137-146. doi: 10.1016/j.socscimed.2018.06.004
40. Lange, D., Corbett, J., Knoll, N., Schwarzer, R., & Lippke, S. (2018). Fruit and vegetable intake: The interplay of planning, social support, and sex. *International Journal of Behavioral Medicine*, 25, 421-430. doi: 10.1007/s12529-018-9718-z.
41. Megges, H., Freiesleben, S. D., Rösch, C. Knoll, N., Wessel, L., & Peters, O. (2018). User experience and clinical effectiveness with two wearable GPS devices in home dementia care. *Alzheimer's & Dementia: Translational Research & Clinical Interventions*, 4, 636-644. doi: <https://doi.org/10.1016/j.trci.2018.10.002>
42. Warner, L. M., Stadler, G., Lüscher, J., Knoll, N., Ochsner, S., Hornung, R., & Scholz, U. (2018). Day-to-day mastery and self-efficacy changes during a smoking quit attempt: Two studies. *British Journal of Health Psychology*, 23, 371-386. doi: 10.1111/bjhp.12293

2017

43. Horodyska, K., Boberska, M., Knoll, N., Scholz, U., Radtke, T., Liszewska, N., & Luszczynska, A. (2017) What matters, parental or child perceptions of physical activity facilities? A prospective parent-child study explaining physical activity and body fat among children. *Psychology of Sport and Exercise*, 34, 39-46. doi: 10.1016/j.psychsport.2017.09.007
44. Banik, A., Luszczynska, A., Pawlowska, I., Cieslak, R., Knoll, N., & Scholz, U. (2017). Enabling, not cultivating: Received social support and self-efficacy explain quality of life after lung-cancer surgery. *Annals of Behavioral Medicine*, 51, 1-12. doi: 10.1007/s12160-016-9821-9
45. Keller, J., Wiedemann, A. U., Hohl, D. H., Scholz, U., Burkert, S., Schrader, M., & Knoll, N. (2017). Predictors of dyadic planning: Perspectives of prostate cancer survivors and their partners. *British Journal of Health Psychology*, 22(1), 42-59. doi:10.1111/bjhp.12216
46. Keller, J., Fleig, L., Hohl, D. H., Wiedemann, A. U., Burkert, S., Luszczynska, A., & Knoll, N. (2017). Which characteristics of planning matter? Individual and dyadic physical activity plans and their effects on plan enactment. *Social Science and Medicine*, 189, 53-62. doi: <http://dx.doi.org/10.1016/j.socscimed.2017.07.025>
47. Knoll, N., Hohl, D. H., Keller, J., Schuez, N., Luszczynska, A., & Burkert, S. (2017). Effects of dyadic planning on physical activity in couples: A randomized controlled trial. *Health Psychology*, 36, 8-20. doi: 10.1037/hea0000423

2016

48. Barz, M., Lange, D., Parschau, L., Lonsdale, C., Knoll, N., & Schwarzer, R. (2016). Self-efficacy, planning, and preparatory behaviors as joint predictors of physical activity: A conditional process analysis. *Psychology & Health*, 31(1) 65-78. doi: [10.1080/08870446.2015.1070157](https://doi.org/10.1080/08870446.2015.1070157)
49. Bier, S., Gersch, M., Wessel, L., Tolksdorf, R., & Knoll, N. (2016). Elektronische Forschungsplattformen (EFP) für Verbundprojekte (Electronic Research Platforms for Collaborative Projects - Analysis of Requirements, Solutions and Experiences) (May

- 31, 2016). Available at SSRN: <https://ssrn.com/abstract=2805355> or <http://dx.doi.org/10.2139/ssrn.2805355>
50. Hohl, D. H., Knoll, N., Wiedemann, A. U., Keller, J., Scholz, U., Schrader, M., & Burkert, S. (2016). Enabling or cultivating? The role of prostate cancer patients' received partner support and self-efficacy in the maintenance of pelvic-floor exercise following tumor surgery. *Annals of Behavioral Medicine*, 50, 247-258. doi: [10.1007/s12160-015-9748-6](https://doi.org/10.1007/s12160-015-9748-6)
 51. Keller, J., Knoll, N., Gellert, P., Schneider, M., & Ernsting, A. (2016). Self-efficacy and planning as predictors of physical activity in the context of workplace health promotion. *Applied Psychology: Health and Well-Being*, 8(3), 301-321. doi: 10.1111/aphwb.12073
 52. König, C., Stadler, G., Knoll, N., Ochsner, S., Hornung, R., & Scholz, U. (2016). Invisible support: Effects on the provider's positive and negative affect. *Applied Psychology: Health and Well-being*, 8, 172-191. doi: 10.1111/aphw.12067
 53. Lhakhang, P., Hamilton, K., Sud, N., Sud, S., Kroon, J., Knoll, N., & Schwarzer, R. (2016). Combining self-management cues with incentives to promote interdental cleaning among Indian periodontal disease outpatients. *BMC Oral Health*, 16, 6. doi: [10.1186/s12903-016-0164-5](https://doi.org/10.1186/s12903-016-0164-5)
 54. Luszczynska, A., Horodyska, K., Zarychta, K., Liszewska, N., Knoll, N., & Scholz, U. (2016). Planning and self-efficacy interventions encouraging replacing energy-dense foods intake with fruit and vegetable: A longitudinal experimental study. *Psychology & Health*, 31, 40-64. doi: [10.1080/08870446.2015.1070156](https://doi.org/10.1080/08870446.2015.1070156)
 55. Luszczynska, A., Hagger, M., Banik, A., Horodyska, K., Knoll, N., & Scholz, U. (2016). Self-efficacy, planning, or a combination of both? A longitudinal experimental study comparing effects of three interventions on adolescents' body fat. *PLoS ONE*, 11, e0159125. doi:10.1371/journal.pone.0159125
 56. Reyes-Fernandez, B., Knoll, N., Hamilton, K., & Schwarzer, R. (2016). Social-cognitive antecedents of hand washing: Action control bridges the planning-behavior gap. *Psychology & Health*, 31, 993-1004. doi: 10.1080/08870446.2016.1174236
 57. Scholz, U., Stadler, G., Ochsner, S., Hornung, R., & Knoll, N. (2016). Examining the relationship between daily changes in support and smoking around a self-set quit date. *Health Psychology*, 35, 514-517. doi: [10.1037/hea0000286](https://doi.org/10.1037/hea0000286)
 58. Teti, A., Gross, C., Knoll, N., & Blüher, S. (2016). Feasibility of the factorial survey method in aging research: Consistency effects among older respondents. *Research on Aging*, 38, 715-741. doi:[10.1177/0164027515600767](https://doi.org/10.1177/0164027515600767)
 59. Zhou, G., Gan, Y., Ke, Q., Knoll, N., Lonsdale, C., & Schwarzer, R. (2016). Avoiding exposure to air pollution by using filtering facemask respirators: An application of the health action process approach. *Health Psychology*, 35(2), 141-147. doi: [10.1037/hea0000264](https://doi.org/10.1037/hea0000264)
 60. Zhou, G., Wang, D., Knoll, N., & Schwarzer, R. (2016). Planning mediates between self-efficacy and physical activity among motivated young adults. *Journal of Physical Activity & Health*, 13, 87-93. doi: [10.1123/jpah.2014-0555](https://doi.org/10.1123/jpah.2014-0555)

2015

61. Berli, C., Ochsner, S., Stadler, G., Knoll, N., Hornung, R., & Scholz, U. (2015). Volitional processes and daily smoking: examining inter- and intra-individual

- associations around a quit attempt. *Journal of Behavioral Medicine*, 38, 306-317. doi: [10.1007/s10865-014-9598-x](https://doi.org/10.1007/s10865-014-9598-x)
62. Elbelt, U., Schütz, T., Knoll, N., & Burkert, S. (2015). Self-directed weight loss strategies: Energy expenditure due to physical activity is not increased to achieve intended weight loss. *Nutrients*, 7, 5868 -5888. doi: [10.3390/nu7075256](https://doi.org/10.3390/nu7075256)
 63. Ernsting, A., Knoll, N., Schneider, M., & Schwarzer, R. (2015). The enabling effect of social support on vaccination uptake via self-efficacy and planning. *Psychology, Health, and Medicine*, 20, 239-246. doi: [10.1080/13548506.2014.920957](https://doi.org/10.1080/13548506.2014.920957)
 64. Gholami, M., Knoll, N. & Schwarzer, R. (2015). A brief self-regulatory intervention increases dental flossing in adolescent girls. *International Journal of Behavioral Medicine*, 22, 645-651. doi: [10.1007/s12529-014-9459-6](https://doi.org/10.1007/s12529-014-9459-6)
 65. Gholami, M., Wiedemann, A., Knoll, N., & Schwarzer, R. (2015). Mothers improve their daughters' vegetable intake: A randomized controlled trial. *Psychology, Health, and Medicine*, 20, 1-7. doi: [10.1080/13548506.2014.902485](https://doi.org/10.1080/13548506.2014.902485)
 66. Gruszczynska, E., & Knoll, N. (2015). Meaning-focused coping, pain, and affect: a diary study of hospitalized women with rheumatoid arthritis. *Quality of Life Research*, 24, 2873-2883. doi: [10.1007/s11136-015-1031-6](https://doi.org/10.1007/s11136-015-1031-6)
 67. Keller, J., Burkert, S., Wiedemann, A. U., Luszczynska, A., Schrader, M., & Knoll, N. (2015). Individual and dyadic planning predicting pelvic floor exercise among prostate cancer survivors. *Rehabilitation Psychology*, 60, 222-231. doi: [10.1037/rep0000047](https://doi.org/10.1037/rep0000047)
 68. Knoll, N., Wiedemann, A. U., Schrader, M., Felber, J., Burkert, S., Daig, I., & Heckhausen, J. (2015). Calibrating independence goals and partner support: Couples adjust to functional limitations after tumor surgery. *Applied Psychology: Health and Well-Being*, 7, 167-187. doi: [10.1111/aphw.12043](https://doi.org/10.1111/aphw.12043)
 69. Lange, D., Corbett, J., Lippke, S., Knoll, N., & Schwarzer, R. (2015). The interplay of intention, autonomy, and sex with dietary planning: A conditional process model to predict fruit and vegetable intake. *British Journal of Health Psychology*, 20, 859-876. doi: [10.1111/bjhp.12146](https://doi.org/10.1111/bjhp.12146)
 70. Lhakhang, P., Gholami, M., Knoll, N., & Schwarzer, R. (2015). Comparing a motivational and a self-regulatory intervention to adopt an oral self-care regimen: A two-sequential randomized crossover trial. *Psychology, Health, and Medicine*, 20, 381-392. doi: [10.1080/13548506.2014.951368](https://doi.org/10.1080/13548506.2014.951368)
 71. Lhakhang, P., Lippke, S., Knoll, N., & Schwarzer, R. (2015). Evaluating brief motivational and self-regulatory hand-hygiene interventions: A cross-over longitudinal design. *BMC Public Health*, 15, 79. doi: [10.1186/s12889-015-1453-7](https://doi.org/10.1186/s12889-015-1453-7)
 72. Lüscher, J., Stadler, G., Ochsner, S., Rackow, P., Knoll, N., Hornung, R., & Scholz, U. (2015). Daily negative affect and smoking after a self-set quit attempt: The role of invisible social support in a daily diary study. *British Journal of Health Psychology*, 20, 708-723 doi: [10.1111/bjhp.12135](https://doi.org/10.1111/bjhp.12135)
 73. Ochsner, S., Knoll, N., Stadler, G., Luszczynska, A., Hornung, R., & Scholz, U. (2015). Interacting effects of receiving social control and social support during smoking cessation. *Annals of Behavioral Medicine*, 49, 141-146. doi [10.1007/s12160-014-9635-6](https://doi.org/10.1007/s12160-014-9635-6)
 74. Reyes-Fernández, B., Fleig, L., Knoll, N., Montenegro-Montenegro, E., & Schwarzer, R. (2015). Action control bridges the planning-behavior gap: A longitudinal study on

- physical exercise in young adults. *Psychology and Health*, 30, 911-923. doi: [10.1080/08870446.2015.1006222](https://doi.org/10.1080/08870446.2015.1006222)
75. Reyes-Fernández, B., Warner, L., Knoll, N., Montenegro-Montenegro, E. & Schwarzer, R. (2015). Synergistic effects of social support and self-efficacy on dietary motivation predicting fruit and vegetable intake. *Appetite*, 87, 330-335. doi: [10.1016/j.appet.2014.12.223](https://doi.org/10.1016/j.appet.2014.12.223)
 76. Reyes-Fernández, B., Lippke, S., Knoll, N., Blanca Moya, E., & Schwarzer, R. (2015). Promoting action control and coping planning to improve hand hygiene. *BMC Public Health*, 15, 964. doi: [10.1186/s12889-015-2295-z](https://doi.org/10.1186/s12889-015-2295-z)
 77. Zhou, G., Gan, Y., Miao, M., Hamilton, K., Knoll, N., & Schwarzer, R. (2015). The role of action control and action planning on fruit and vegetable consumption. *Appetite*, 91, 64-68. doi: [10.1016/j.appet.2015.03.022](https://doi.org/10.1016/j.appet.2015.03.022)
 78. Zhou, G., Jiang, T., Knoll, N., & Schwarzer, R. (2015). Improving hand hygiene behaviour among adolescents by a planning intervention. *Psychology, Health and Medicine*, 20, 824-831. doi: [10.1080/13548506.2015.1024138](https://doi.org/10.1080/13548506.2015.1024138)
 79. Zhou, G., Sun, C., Knoll, N., Hamilton, K., & Schwarzer, R. (2015). Self-efficacy, planning and action control in an oral self-care intervention. *Health Education Research*, 30, 671-681. doi: [10.1093/her/cyv032](https://doi.org/10.1093/her/cyv032)
 80. Zhou, G., Zhang, L., Knoll, N., & Schwarzer, R. (2015). Facilitating sunscreen use among Chinese young adults: Less motivated persons benefit from a planning intervention. *International Journal of Behavioral Medicine*, 22, 443-451. doi: [10.1007/s12529-014-9458-7](https://doi.org/10.1007/s12529-014-9458-7)

2014

81. Barz, M., Parschau, L., Warner, L. M., Lange, D., Fleig, L., Knoll, N., & Schwarzer, R. (2014). Planning and preparatory behaviors bridge the intention-behavior gap in physical activity. *Psychology of Sport & Exercise*, 15(5), 516-520. doi: [10.1016/j.psychsport.2014.05.002](https://doi.org/10.1016/j.psychsport.2014.05.002)
82. Gellert, P., Ziegelmann, J. P., Krupka, S., Knoll, N., & Schwarzer, R. (2014). An age-tailored intervention sustains physical activity changes in older adults: a randomized controlled trial. *International Journal of Behavioral Medicine*, 21(3), 519-528. doi: [10.1007/s12529-013-9330-1](https://doi.org/10.1007/s12529-013-9330-1)
83. Knoll, N., Wiedemann, A. U., Schultze, M., Schrader, M., & Heckhausen, J. (2014). Prostate cancer patients gradually advance goals for rehabilitation after radical prostatectomy: Applying a Lines-of-Defense Model to rehabilitation. *Psychology and Aging*, 29, 787-792. doi: [10.1037/a0038311](https://doi.org/10.1037/a0038311)
84. Lhakhang, P., Godinho, C., Knoll, N., & Schwarzer, R. (2014). A brief intervention increases fruit and vegetable intake: A comparison of two intervention sequences. *Appetite*, 82, 103-110. doi: [10.1016/j.appet.2014.07.014](https://doi.org/10.1016/j.appet.2014.07.014)
85. Lüscher, J., Ochsner S., Knoll, N., Stadler, G., Hornung, R., & Scholz, U. (2014). Examining gender differences in received, provided and invisible social control: An application of the Dual-Effects-Model. *Anxiety, Stress & Coping*, 27, 678-694. doi: [10.1080/10615806.2014.892585](https://doi.org/10.1080/10615806.2014.892585)
86. Lüscher, J., Ochsner, S., Berli, C., Knoll, N., Stadler, G., Hornung, R., & Scholz, U. (2014). Invisible social control as predictor of negative affect and smoking after a self-set quit date. *Zeitschrift für Gesundheitspsychologie*, 22, 165-174. doi: [10.1026/0943-8149/a000126](https://doi.org/10.1026/0943-8149/a000126)

87. Ochsner, S., Luszczynska, A., Stadler, G., Knoll, N., Hornung, R., & Scholz, U., (2014). The interplay of received social support and self-regulatory factors in smoking cessation. *Psychology & Health*, 29, 16-31. doi: [10.1080/08870446.2013.818674](https://doi.org/10.1080/08870446.2013.818674)
88. Parschau, L., Barz, M., Richert, J., Knoll, N., Lippke, S., & Schwarzer, R. (2014). Physical activity among adults with obesity: Testing the Health Action Process Approach. *Rehabilitation Psychology*, 59, 42-49. doi: [10.1037/a0035290](https://doi.org/10.1037/a0035290)
89. Parschau, L., Fleig, L., Warner, L. M., Pomp, S., Barz, M., Knoll, N., Schwarzer, R., & Lippke, S. (2014). Positive exercise experience facilitates behavior change via self-efficacy. *Health Education & Behavior*, 41, 414-422. doi: [10.1177/1090198114529132](https://doi.org/10.1177/1090198114529132)
90. Reyes Fernández, B., Montenegro Montenegro, E., Knoll, N. & Schwarzer, R. (2014). Self-efficacy, action control, and social support explain physical activity changes among Costa Rican older adults. *Journal of Physical Activity & Health*, 11(8), 1573-1578. doi: [10.1123/jpah.2013-0175](https://doi.org/10.1123/jpah.2013-0175)
91. Wiedemann, A. U., Gardner, B., Knoll, N., & Burkert, S. (2014). Intrinsic rewards, fruit and vegetable consumption, and habit strength: A three-wave study testing the Associative Cybernetic Model. *Applied Psychology: Health and Well-Being*, 6, 119-134. doi: [10.1111/aphw.12020](https://doi.org/10.1111/aphw.12020)

2013

92. Gholami, M., Lange, D., Luszczynska, A., Knoll, N., & Schwarzer, R. (2013). A dietary planning intervention increases food consumption in Iranian women. *Appetite*, 63, 1-6. doi: [10.1016/j.appet.2012.12.005](https://doi.org/10.1016/j.appet.2012.12.005)
93. Koring, M., Parschau, L., Lange, D., Fleig, L., Knoll, N., & Schwarzer, R. (2013). Preparing for physical activity: Pedometer acquisition as a self-regulatory strategy. *Applied Psychology: Health and Well-Being*, 5, 136-147. doi: [10.1111/aphw.12003](https://doi.org/10.1111/aphw.12003)
94. Lange, D., Richert, J., Koring, M., Knoll, N., Schwarzer, R., & Lippke, S. (2013). Self-regulation prompts can increase fruit consumption: A one-hour randomized controlled online trial. *Psychology & Health*, 28, 533-545. doi: [10.1080/08870446.2012.751107](https://doi.org/10.1080/08870446.2012.751107)
95. Luszczynska, A., Pawlowska, I., Cieslak, R., Knoll, N., & Scholz, U. (2013). Social support and quality of life among lung cancer patients. *Psycho-Oncology*, 22, 2160-2168. doi: [10.1002/pon.3218](https://doi.org/10.1002/pon.3218)
96. Parschau, L., Fleig, L., Koring, M., Lange, D., Knoll, N., Schwarzer, R., & Lippke, S. (2013). Positive experience, self-efficacy, and action control predict physical activity changes: A moderated mediation analysis. *British Journal of Health Psychology*, 18, 395-406. doi: [10.1111/j.2044-8287.2012.02099.x](https://doi.org/10.1111/j.2044-8287.2012.02099.x)
97. Scholz, U., Berli, C., Goldammer, P., Lüscher, J., Hornung, R., & Knoll, N. (2013). Social control and smoking: Examining the moderating effects of different dimensions of relationship quality. *Families, Systems, & Health*, 31, 354-365. doi: [10.1037/a0033063](https://doi.org/10.1037/a0033063)
98. Scholz, U., Ochsner, S., Hornung, R. & Knoll, N. (2013). Does social support really help to eat a low-fat diet? Main effects and gender differences of received social support within the Health Action Process Approach. *Applied Psychology: Health and Well-being*, 5, 270-290. doi: [10.1111/aphw.12010](https://doi.org/10.1111/aphw.12010)

99. Zhou, G., Gan, Y., Knoll, N., & Schwarzer, R. (2013). Proactive coping moderates the dietary intention-planning-behavior path. *Appetite*, 70, 127-133. doi: [10.1016/j.appet.2013.06.097](https://doi.org/10.1016/j.appet.2013.06.097)

2012

100. Burkert, S., & Knoll, N. (2012). Dyadische Planungsintervention nach Prostatektomie [A dyadic planning intervention following prostatectomy]. *Psychotherapeut*, 57, 525-530. doi: [10.1007/s00278-012-0910-3](https://doi.org/10.1007/s00278-012-0910-3)
101. Burkert, S., Knoll, N., Luszczynska, A., & Gralla, O. (2012). The interplay of dyadic and individual planning of pelvic-floor exercise in prostate-cancer patients following radical prostatectomy. *Journal of Behavioral Medicine*, 35, 305-317. doi: [10.1007/s10865-012-9416-2](https://doi.org/10.1007/s10865-012-9416-2)
102. Burkert, S., Knoll, N., Scholz, U., Roigas, J., & Gralla, O. (2012). Self-regulation following prostatectomy: Phase-specific self-efficacy beliefs in implementing pelvic-floor exercise. *British Journal of Health Psychology*, 17, 273-293. doi: [10.1111/j.2044-8287.2011.02037.x](https://doi.org/10.1111/j.2044-8287.2011.02037.x)
103. Daig, I., Mahlberg, R., Stethin, J., Schroeder, F., Wrase, J., Knoll, N., Bschor, T., Esser, G., Heinz, A., & Kienast, T. (2012). Decreased verbal learning but not recognition performance in unmedicated alcohol-dependent patients during early abstinence. *Irish Journal of Psychological Medicine*, 29, 96-101. doi: [10.1017/S0790966700017377](https://doi.org/10.1017/S0790966700017377)
104. Knoll, N., Burkert, S., Scholz, U., Roigas, J., & Gralla, O. (2012). The dual-effects model of social control revisited: Relationship satisfaction as a moderator. *Anxiety, Stress and Coping: An International Journal*, 25, 291-307. doi: [10.1080/10615806.2011.584188](https://doi.org/10.1080/10615806.2011.584188)
105. Luszczynska, A., Durawa, A. B., Dudzinska, M., Kwiatkowska, M., Knysz, B., & Knoll, N. (2012). The effects of mortality reminders on posttraumatic growth and finding benefits in patients with life-threatening illness and their caregivers. *Psychology and Health*, 27, 1227-1243. doi: [10.1080/08870446.2012.665055](https://doi.org/10.1080/08870446.2012.665055)
106. Luszczynska, A., Durawa, A. B., Scholz, U., & Knoll, N. (2012). Empowerment beliefs and intention to uptake cervical cancer screening: Three psychosocial mediating mechanisms. *Women & Health*, 52, 162-181. doi: [10.1080/03630242.2012.656187](https://doi.org/10.1080/03630242.2012.656187)
107. Scholz, U., Kliegel, M., Luszczynska, A., & Knoll, N. (2012). Associations between received social support and positive and negative affect: Evidence for age differences from a daily diary study. *European Journal of Aging*, 9, 361-371. doi: [10.1007/s10433-012-0236-6](https://doi.org/10.1007/s10433-012-0236-6)

2011

108. Burkert, S., Scholz, U., Gralla, O. & Knoll, N. (2011). Dyadic planning of health-behavior change after prostatectomy: A randomized-controlled planning intervention. *Social Science and Medicine*, 73, 783-792. doi: [10.1016/j.socscimed.2011.06.016](https://doi.org/10.1016/j.socscimed.2011.06.016)
109. Knoll, N., Burkert, S., Luszczynska, A., Roigas, J., & Gralla, O. (2011). Predictors of spousal support provision: A study with couples adapting to incontinence following radical prostatectomy. *British Journal of Health Psychology*, 16, 472-487. doi: [10.1348/135910710X522860](https://doi.org/10.1348/135910710X522860)

110. Knoll, N., Burkert, S., Roigas, J., & Gralla, O. (2011). Changes in reciprocal support provision and need-based support from partners of patients undergoing radical prostatectomy. *Social Science and Medicine*, 73, 308-315. doi: [10.1016/j.socscimed.2011.05.012](https://doi.org/10.1016/j.socscimed.2011.05.012)
111. Luszczynska, A., Goc, G., Scholz, U., Kowalska, M., & Knoll, N. (2011). Enhancing intentions to attend cervical cancer screening: the role of pros, stages of change, and age. *British Journal of Health Psychology*, 16, 33-46. doi: [10.1348/135910710X499416](https://doi.org/10.1348/135910710X499416)
112. Magheli, A., Knoll, N., Lein, M., Hinz, S., Buchser, M., Anders, E., & Gralla, O. (2011). Impact of fast-track postoperative care on intestinal function, pain and length of hospital stay following laparoscopic radical prostatectomy. *Journal of Endourology*, 25, 1143-1147. doi: [10.1089/end.2011.0020](https://doi.org/10.1089/end.2011.0020)

2010

113. Kendel, F., Gelbrich, G., Wirtz, M., Lehmkuhl, E., Knoll, N., Hetzer, R. & Regitz-Zagrosek, V. (2010). Predictive relationship between depression and physical functioning after coronary surgery. *Archives of Internal Medicine*, 170, 1717-1721. doi: [10.1001/archinternmed.2010.368](https://doi.org/10.1001/archinternmed.2010.368)

2009

114. Ahnis, A., Riedl, A., & Knoll, N. (2009). Krankheitsbezogene subjektive Ursachenvorstellungen bei alten Menschen mit Inkontinenz [Illness-related causal attributions of the elderly with incontinence.] *Pflege & Gesellschaft*, 14, 325-342.
115. Daig, I., Herschbach, P., Lehmann, A., Knoll, N., & Decker, O. (2009). Gender differences in quality of life domains and the impact of depressive and anxiety disorders: a general population survey from Germany. *Quality of Life Research*, 18, 669-678. doi: [10.1007/s11136-009-9481-3](https://doi.org/10.1007/s11136-009-9481-3)
116. Kienle, R., Luszczynska, A., Pfüller, B., & Knoll, N. (2009). Appraisal detection bias and well-being in close relationships: Couples experiencing assisted reproduction treatment. *Applied Psychology: Health and Well-Being*, 1, 165-187. doi: [10.1111/j.1758-0854.2009.01011.x](https://doi.org/10.1111/j.1758-0854.2009.01011.x)
117. Knoll, N., Burkert, S., Kramer, J., Roigas, J., & Gralla O. (2009). Relationship satisfaction and erectile functions in men receiving laparoscopic radical prostatectomy: Effects of provision and receipt of spousal social support. *Journal of Sexual Medicine*, 6, 1438-1450. [10.1111/j.1743-6109.2009.01244.x](https://doi.org/10.1111/j.1743-6109.2009.01244.x)
118. Knoll, N., Scholz, U., Burkert, S., Roigas, J., & Gralla, O. (2009). Effects of received and mobilized support on recipients' and providers' self-efficacy beliefs: A one-year follow-up study with patients receiving radical prostatectomy and their spouses. *International Journal of Psychology*, 44, 129-137. doi: [10.1080/00207590701607930](https://doi.org/10.1080/00207590701607930)
119. Knoll, N., Schwarzer, R., Pfüller, B., & Kienle, R. (2009). Transmission of depressive symptoms in couples undergoing assisted reproduction treatment. *European Psychologist*, 14, 7-17. doi: [10.1027/1016-9040.14.1.7](https://doi.org/10.1027/1016-9040.14.1.7)
120. May, M., Brookman-Amis, S., Kendel F., Knoll, N., Roigas, J., Hoschke, B., Miller K., Gilfrich C., Pflanz, S., & Gralla, O. (2009). Validation of the postoperative Sao Paulo score to predict disease-free and cancer specific survival of patients with surgically resected renal cell carcinoma. *International Journal of Urology*, 16, 616-621. doi: [10.1111/j.1442-2042.2009.02319.x](https://doi.org/10.1111/j.1442-2042.2009.02319.x)

121. May, M., Kendel, F., Pflanz, S., Roigas, J., Gunia, S., Knoll, N., Braun, K., Hoschke, B., & Brookman-Amisshah, S. (2009). Postoperative Vorhersage des tumorspezifischen Überlebens von Patienten mit Nierenzellkarzinom [Value of the postoperative Störkel score to predict disease-free survival of patients with surgically resected renal cell carcinoma.] *Urologe A*, 48, 284-290.

2008

122. Ahnis, A., & Knoll, N. (2008). Subjektives Belastungserleben bei alten Menschen mit Inkontinenz -- Eine qualitative Analyse [Psychosocial burden of the elderly with incontinence -- a qualitative analysis]. *Zeitschrift für Gerontologie und Geriatrie*, 41, 251-260. doi: [10.1007/s00391-008-0559-2](https://doi.org/10.1007/s00391-008-0559-2)
123. Gralla, O., Buchser, M., Haas, F., Anders, E., Kramer, J., Lein, M., Knoll, N. & Roigas, J. (2008). Fast-Track Chirurgie bei der laparoskopisch radikalen Prostatektomie. *Der Urologe*, 47, 712-717. doi: [10.1007/s00120-008-1688-3](https://doi.org/10.1007/s00120-008-1688-3)
124. Gralla, O., Knoll, N., Fenske, S., Spivak, I., Hoffmann, M., Rönnebeck, C., Lenk, S., Hoschke, B., & May, M. (2008). Worry, desire, and sexual satisfaction and their association with severity of ED and age. *Journal of Sexual Medicine*, 5, 2646-2655. doi: [10.1111/j.1743-6109.2008.00842.x](https://doi.org/10.1111/j.1743-6109.2008.00842.x)
125. Scholz, U., Knoll, N., Roigas, J., & Gralla, O. (2008). Effects of provision and receipt of social support on adjustment to laparoscopic radical prostatectomy. *Anxiety, Stress, & Coping*, 21, 227-241. doi: [10.1080/10615800801983759](https://doi.org/10.1080/10615800801983759)

2007

126. Cieslak, R., Knoll, N., & Luszczynska, A. (2007). Reciprocal relations among job demands, job control and social support moderated by neuroticism: A crossed-lagged structural equation analysis. *Journal of Vocational Behavior*, 71, 84-96. doi: [10.1016/j.jvb.2007.03.001](https://doi.org/10.1016/j.jvb.2007.03.001)
127. Gralla, O., Haas, F., Knoll, N., Hadzidiakos, D., Tullmann, M., Romer, A., Deger, S., Ebeling, V., Lein, M., Wille, A., Rehberg, B., Loening, S. A., & Roigas, J. (2007). Fast-track surgery in laparoscopic radical prostatectomy – basic principles. *World Journal of Urology*, 25, 185-191. doi: [10.1007/s00345-006-0139-2](https://doi.org/10.1007/s00345-006-0139-2)
128. Knoll, N., Burkert, S., Rosemeier, H. P., Roigas, J., & Gralla, O. (2007). Predictors of spouses' provided support for patients receiving laparoscopic radical prostatectomy peri-surgery. *Psycho-Oncology*, 16, 312-319. doi : [10.1002/pon.1061](https://doi.org/10.1002/pon.1061)
129. Knoll, N., Kienle, R., Bauer, K., Pfüller, B., & Luszczynska, A. (2007). Affect and enacted support in couples undergoing In-Vitro Fertilization: When providing is better than receiving. *Social Science and Medicine*, 64, 1789-1801. doi: [10.1016/j.socscimed.2007.01.004](https://doi.org/10.1016/j.socscimed.2007.01.004)
130. Knoll, N., Rieckmann, N., & Kienle, R. (2007). The other way around: Health as a predictor of perceived social support. *Anxiety, Stress and Coping*, 20, 3-16. doi: [10.1080/10615800601032823](https://doi.org/10.1080/10615800601032823)
131. Luszczynska, A., Boehmer, S., Knoll, N., Schulz, U., & Schwarzer, R. (2007). Emotional support for men and women with cancer: Do patients receive what their partners provide? *International Journal of Behavioral Medicine*, 14, 156-163.
132. Luszczynska, A., Gerstorf, D., Boehmer, S., Knoll, N., & Schwarzer, R. (2007). Patients' coping profiles and partners' support provision. *Psychology and Health*, 22, 749-764. doi: [10.1080/14768320600976232](https://doi.org/10.1080/14768320600976232)

133. Luszczynska, A., Sarkar, Y., & Knoll, N. (2007). Received social support, self-efficacy, and finding benefits in disease as predictors of physical functioning and adherence to antiretroviral therapy. *Patient Education and Counseling*, 66, 37-42. doi: [10.1016/j.pec.2006.10.002](https://doi.org/10.1016/j.pec.2006.10.002)
134. May, M., Gralla, O., Knoll, N., Fenske, S., Spivak, I., Rönnebeck, C., Hoffmann, M., Lenk, S., & Hoschke, B. (2007). Erectile dysfunction – Ambivalence between high prevalence and low utilization of treatment options. Results from the “Cottbus Survey” with 10,000 men. *British Journal of Urology International*, 100, 1110-1115. doi: [10.1111/j.1464-410X.2007.07101.x](https://doi.org/10.1111/j.1464-410X.2007.07101.x)
135. May, M., Knoll, N., Siegsmund, M., Fahlenkamp, D., Vogler, D., Hoschke, B., & Gralla, O. (2007). Validity of the CAPRA-Score to predict biochemical relapse rate after radical prostatectomy. Results from a European multicenter survey with 1,296 Patients. *Journal of Urology*, 178, 1957-1962. doi: [10.1016/j.juro.2007.07.043](https://doi.org/10.1016/j.juro.2007.07.043)
136. Schwarzer, R., & Knoll, N. (2007). Functional roles of social support within the stress and coping process: A theoretical and empirical overview. *International Journal of Psychology*, 42, 243-252. doi: [10.1080/00207590701396641](https://doi.org/10.1080/00207590701396641)

2006

137. Knoll, N., Burkert, S., & Schwarzer, R. (2006). Reciprocal support provision: Personality as a moderator? *European Journal of Personality*, 20, 217-236. doi: [10.1002/per.581](https://doi.org/10.1002/per.581)
138. Knoll, N., Schulz, U., Schwarzer, R., & Rosemeier, H. P. (2006). Provider's appraisal detection bias and the efficacy of received support in medical students preparing for an exam. *British Journal of Social Psychology*, 45, 599-615. doi: [10.1348/014466605X59978](https://doi.org/10.1348/014466605X59978)
139. Scholz, U., Knoll, N., Sniehotta, F. F., & Schwarzer, R. (2006). Physical activity and depressive symptoms in cardiac rehabilitation: Long-term effects of a self-management intervention. *Social Science and Medicine*, 62, 3109-3120. doi: [10.1016/j.socscimed.2005.11.035](https://doi.org/10.1016/j.socscimed.2005.11.035)
140. Schwarzer, R., Luszczynska, A., Boehmer, S., Taubert, S., & Knoll, N. (2006). Changes in finding benefit after cancer surgery and the prediction of well-being one year later. *Social Science and Medicine*, 63, 1614-1624. doi: [10.1016/j.socscimed.2006.04.004](https://doi.org/10.1016/j.socscimed.2006.04.004)

2005

141. Burkert, S., Knoll, N., & Scholz, U. (2005). Korrelate der Rauchgewohnheiten von Studierenden und jungen Akademikern: Das Konzept der dyadischen Planung [Correlates of smoking habits among university students and young academics: The concept of dyadic planning]. *Psychomed*, 17, 240-247.
142. Knoll, N., Rieckmann, N., & Schwarzer, R. (2005). Coping as a mediator between personality and stress outcomes: A longitudinal study with cataract surgery patients. *European Journal of Personality*, 19, 229-247. doi: [10.1002/per.546](https://doi.org/10.1002/per.546)
143. Schwarzer, R., Boehmer, S., Luszczynska, A., Mohamed, N. E., & Knoll, N. (2005). Dispositional self-efficacy as a personal resource factor in coping after surgery. *Personality and Individual Differences*, 39, 807-818. doi: [10.1016/j.paid.2004.12.016](https://doi.org/10.1016/j.paid.2004.12.016)

2004

144. Knoll, N., Rieckmann, N., Scholz, U., & Schwarzer, R. (2004). Predictors of

subjective age before and after cataract surgery: Conscientiousness makes a difference. *Psychology and Aging*, 19, 676-688. doi: [10.1037/0882-7974.19.4.676](https://doi.org/10.1037/0882-7974.19.4.676)

2002

145. Krohne, H. W., Pieper, M., Knoll, N., & Breimer, N. (2002). The cognitive regulation of emotions: The role of success versus failure experience and coping dispositions. *Cognition and Emotion*, 16(2), 217-243. doi: [10.1080/02699930143000301](https://doi.org/10.1080/02699930143000301)

2000

146. Renner, B., Knoll, N., & Schwarzer, R. (2000). Age and body weight make a difference in optimistic health beliefs and nutrition behaviors. *International Journal of Behavioral Medicine*, 7(2), 143-159. doi: [10.1207/S15327558IJB0702_4](https://doi.org/10.1207/S15327558IJB0702_4)

Narrative Reviews & Editorials

2015

147. Ziegelmann, J. P., & Knoll, N. (2015). Future directions in the study of health behaviour among older adults. *Gerontology*, 61, 469-476. doi: [10.1159/000369857](https://doi.org/10.1159/000369857)

2007

148. Klauer, T., Knoll, N., & Schwarzer, R. (2007). Soziale Unterstützung: Neue Wege in der Forschung [Social support: New paths of research]. *Zeitschrift für Gesundheitspsychologie*, 15(4), 141-142.
149. Knoll, N., & Kienle, R. (2007). Fragebogenverfahren zur Messung verschiedener Komponenten sozialer Unterstützung: Ein Überblick [Questionnaires for measuring various components of social support: An overview]. *Zeitschrift für Medizinische Psychologie*, 16, 57-71.

Monographs & Edited Books

2009

1. Kleiber, D., Grüsser, S. M., Knoll, N., & Brähler, E. (Eds.) (2009). *Frauen- und Männergesundheit: Psychosoziale Aspekte tabuisierter Bereiche* [Women's and men's health: psycho-social aspects of taboo domains]. Giessen, Germany: Psychosozial-Verlag.

2005

2. Knoll, N., Scholz, U., & Rieckmann, N. (2005). *Einführung in die Gesundheitspsychologie* [Introduction into health psychology]. München, Germany: Ernst Reinhardt Verlag, UTB.

Knoll, N., Scholz, U., & Rieckmann, N. (2011). *Einführung Gesundheitspsychologie, 2. aktualisierte Auflage* [Introduction into health psychology] (2nd updated edition). München, Germany: Ernst Reinhardt Verlag, UTB.

Knoll, N., Scholz, U., & Rieckmann, N. (2013). *Einführung Gesundheitspsychologie, 3. aktualisierte Auflage* [Introduction into health psychology] (3rd updated edition). München, Germany: Ernst Reinhardt Verlag, UTB.

Knoll, N., Scholz, U., & Rieckmann, N. (2017). *Einführung Gesundheitspsychologie, 4. aktualisierte Auflage* [Introduction into health psychology] (4th updated edition). München, Germany: Ernst Reinhardt Verlag, UTB.

2002

3. Knoll, N. (2002). *Coping as a personality process: How elderly patients deal with cataract surgery*. Digitale Dissertation. Freie Universität Berlin. Available at: <http://www.diss.fu-berlin.de/2002/108/>

Book Chapters

2020

1. Rauers, A., & Knoll, N. (2020). Krankheitsbewältigung [Coping with illness]. In U. T. Egle, C. Heim, B. Strauß & R. v. Känel (Eds.), *Psychosomatik – Neurobiologisch fundiert und evidenzbasiert* (pp. 238-244). Stuttgart: Kohlhammer.
2. Scholz, U., Berli, C., Lüscher, J., & Knoll, N. (2020). Dyadic interventions to promote behavior change in couples. In M. S. Hagger, L. Cameron, K. Hamilton, N. Hankonen, & T. Lintunen (Eds.), *The Handbook of Behavior Change* (pp. 632-648). Cambridge, UK: Cambridge University Press.

2019

3. Knoll, N., Scholz, U., & Ditzen, B. (2019). Social support, family processes, and health. In T.A. Revenson & R. A. R. Gurung (Eds.), *The Handbook of Health Psychology* (pp. 279-289). New York, NY, US: Psychology Press.

2018

4. Heuse, S., & Knoll, N. (2018). Modelle des Gesundheitsverhaltens. In C.-W. Kohlmann, C. Salewski & M. Wirtz (Eds.) *Psychologie in der Gesundheitsförderung* (pp. 243- 256). Bern: Hogrefe.

2014

5. Knoll, N., & Gralla, O. (2014). Urologic diseases. In A. C. Michalos (Ed.), *Encyclopedia of Quality of Life Research* (pp. 6872-6877). Heidelberg: Springer.

2013

6. Knoll, N. (2013). Transaktionales Stressmodell [Transactional stress model]. In M. Wirtz (Ed.), *Dorsch – Psychologisches Wörterbuch* (pp. 1503-1504). Bern: Huber.

2012

7. Burkert, S., Knoll, N. & Daig, I. (2012). Laienätiologie und krankheitsbezogene Kognitionen, Gesundheitskonzepte [Lay etiology and illness-related cognition]. In E. Brähler & B. Strauß (Eds.), *Grundlagen der Medizinischen Psychologie. Enzyklopädie der Psychologie* (pp. 377-404). Göttingen, Germany: Hogrefe.
8. Knoll, N., & Burkert, S. (2012). In sickness and in health: Reciprocal support exchange in close relationships. In E. H. Witte & S. Petersen (Eds.), *Sozialpsychologie, Psychotherapie und Gesundheit* (pp. 151-167). Lengerich: Pabst Science Publishers.

2010

9. Schwarzer, R., & Knoll, N. (2010). Social support. In D. French, K. Vedhara, A. Kaptein & J. Weinman (Eds.), *Health psychology* (2nd Ed., pp. 283-293). Oxford, England: Wiley-Blackwell.

2009

10. Burkert, S., Knoll, N., & Gralla, O. (2009). Inkontinenz bei Männern. [Incontinence in men]. In D. Kleiber, S. Grüsser-Sinopoli, N. Knoll & E. Brähler (Hrsg.), *Frauen- und Männergesundheit: Psychosoziale Aspekte tabuisierter Bereiche* (pp. 81-90). Giessen, Germany: Psychosozial-Verlag.
11. Knoll, N. & Burkert, S. (2009). Soziale Unterstützung als Ressource der Krankheitsbewältigung [Social support as a resource in coping with illness]. In D. Schaeffer (Ed.), *Bewältigung chronischer Krankheiten im Lebenslauf* (pp. 223-243). Bern: Huber.
12. Schwarzer, R., & Knoll, N. (2009). Proactive coping. In S. J. Lopez (Ed.), *The encyclopedia of positive psychology*. Oxford, England: Blackwell.

2006

13. Burkert, S., Knoll, N., & Gralla, O. (2006). Social support and stress in prostatectomy patients and their spouses. In P. Buchwald (Ed.), *Stress and anxiety – Application to health, community, work place, and education* (pp. 36-41). Cambridge, England: Cambridge Scholar Press.
14. Kienle, R., Knoll, N., & Renneberg, B. (2006). Soziale Ressourcen und Gesundheit: Soziale Unterstützung und dyadisches Bewältigen [Social resources and health: Social support and dyadic coping]. In B. Renneberg & P. Hammelstein (Eds.), *Gesundheitspsychologie* (pp. 107-122). Berlin: Springer.
15. Scholz, U., Sniehotta, F. F., Knoll, N., & Schwarzer, R. (2006). On the interplay of physical activity, depressive symptoms, and self-regulation in cardiac rehabilitation patients. In P. Buchwald (Ed.), *Stress and anxiety – Application to health, community, work place, and education* (pp. 137-150). Cambridge, England: Cambridge Scholar Press.
16. Schwarzer, R., Luszczynska, A., Knoll, N., Schröder, K. E. E., & Gutiérrez-Doña, B. (2006). Spousal support: Three studies on the supportive role of partners in times of stress. In P. Buchwald (Ed.), *Stress and anxiety – Application to health, community, work place, and education* (pp. 151-169). Cambridge, England: Cambridge Scholar Press.

2005

17. Knoll, N., & Schwarzer, R. (2005). Soziale Unterstützung [Social support]. In R. Schwarzer (Ed.), *Gesundheitspsychologie* (pp. 333-349). *Enzyklopädie der Psychologie*. Göttingen, Germany: Hogrefe.

2004

18. Knoll, N., & Schwarzer, R. (2004). Prawdziwych przyjaciół. Wsparcie społeczne, stres, choroba i śmierć [On misery with company: Social support, stress, illness, and death]. In H. Sek & R. Cieslak (Eds.), *Wsparcie społeczne, stres i zdrowie* (pp. 29-49). Warsaw, Poland: Wydawnictwo Naukowe PWN.
19. Schwarzer, R., Knoll, N., & Rieckmann, N. (2004). Social support. In A. Kaptein & J. Weinman (Eds.), *Health psychology* (pp. 158-182). Oxford, England: Blackwell.

2003

20. Schwarzer, R., & Knoll, N. (2003). Positive coping: Mastering demands and searching for meaning (Chpt. 25). In S. J. Lopez & C. R. Snyder (Eds.), *Positive psychological assessment: A handbook of models and measures* (pp. 393-409). Washington, DC: American Psychological Association.

2002

21. Knoll, N. (2002). Operationsstress [Perioperative stress]. In R. Schwarzer, M. Jerusalem & H. Weber (Eds.), *Gesundheitspsychologie von A bis Z* (pp. 374-377). Göttingen, Germany: Hogrefe.
22. Knoll, N., & Schwarzer, R. (2002). Gender and age differences in social support: A study on East-German migrants. In G. Weidner, S. M. Kopp & M. Kristenson (Eds.), *Heart disease: Environment, stress and gender* (pp. 198-210). NATO Science Series, Series I: Life and Behavioural Sciences Volume: 327. Amsterdam: IOS Press.
23. Weidner, G., Sieverding, M., & Knoll, N. (2002). Geschlechtsunterschiede bei koronaren Herzkrankheiten [Gender differences in coronary heart disease]. In R. Schwarzer, M. Jerusalem & H. Weber (Eds.), *Gesundheitspsychologie von A bis Z* (pp. 139-142). Göttingen, Germany: Hogrefe.

2001

24. Knoll, N. (2001). Operationsstress [Perioperative stress]. In G. Wenninger (Ed.), *Lexikon der Psychologie* (Vol. 3, pp. 186). Heidelberg, Germany: Spektrum Akademischer Verlag.
25. Schwarzer, R., & Knoll, N. (2001). Personale Ressourcen im Alter [Personal resources in old age]. Im Auftrag des Deutschen Zentrums für Altersfragen e.V., Geschäftsstelle der Sachverständigenkommission für den 3. Altenbericht der Bundesregierung. *Personale, gesundheitliche und Umweltressourcen im Alter* (pp. 11-94). Opladen, Germany: Leske & Budrich.

1998

26. Krohne, H. W., Pieper, M., & Knoll, N. (1998). Vigilance, cognitive avoidance, and emotion regulation after success and failure. In A. Fischer (Ed.), *Proceedings of the Xth conference of the International Society for Research on Emotions*. Würzburg, Germany.

Conference Papers (Selection)

1. Domke, A., Keller, J., Heuse, S., Wiedemann, A. U., Lorbeer, N., & Knoll, N. (2021). *Immediate effects of a very brief planning intervention on fruit and vegetable consumption: A randomized controlled trial*. Paper presented at the 7th Conference of the Society of Ambulatory Assessment, Zurich, Switzerland.
2. Keller, J., Hohl, D. H., Pauly, T., Hoppmann, C., & Knoll, N., (2019). *Synchrony of physical activity in couples following a dyadic planning intervention*. Paper presented at the 33rd Conference of the European Health Psychology Society, Dubrovnik, Croatia.
3. Knoll, N. (2018, September). *Discussion: Better together? How health regulation and well-being are influenced by close others*. Discussion of symposium presented at the 51. Kongress der Deutschen Gesellschaft für Psychologie, Frankfurt am Main, Germany.

4. Knoll, N. (2018, August). *Discussion: Better together? Regulating health within close relationships*. Discussion of symposium presented at the 32nd Conference of the European Health Psychology Society, Galway, Ireland.
5. Knoll, N., Hohl, D. H., Keller, J., Schuez, N., Luszczynska, A., & Burkert, S. (2017, September). *Days in Motion: Long-term findings from a dyadic planning intervention with couples motivated to increase physical activity*. Paper presented at the 31st Conference of the European Health Psychology Society, Padova, Italy.
6. Knoll, N., Hohl, D. H., Keller, J., Schuez, N., Luszczynska, A., & Burkert, S. (2016, September). *Leicht bewegter Alltag: Eine dyadische Planungsintervention zur Steigerung körperlicher Aktivität bei Paaren*. Paper presented at the 50. Kongress der Deutschen Gesellschaft für Psychologie, Leipzig, Germany.
7. Knoll, N., Hohl, D. H., Keller, J., Schuez, N., Luszczynska, A., & Burkert, S. (2016, August). *Days in Motion: A planning intervention study to enhance daily physical activity*. Paper presented at the 30th Conference of the European Health Psychology Society, Aberdeen, UK.
8. Knoll, N., & Keilholz, U. (2016, January). *Focus Area DynAge – Disease in Human Aging: Dynamics at the level of molecules, individuals and society*. Poster presented at the Swiss Society of Gerontology, Fribourg, Switzerland.
9. Knoll, N., Wiedemann, A., & Heckhausen, J. (2015, November). *Good for me, bad for you: Couples use compensatory control to manage incontinence*. Paper presented at the 68th Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL, USA.
10. Knoll, N., Wiedemann, A., & Heckhausen, J. (2015, September). *Good for one, bad for the other: Cancer patients' compensatory control strategies and partners' well-being*. Paper presented at the 29th Conference of the European Health Psychology Society, Limassol, Cyprus.
11. Knoll, N., Wiedemann, A., & Heckhausen, J. (2015, July). *Good for me, bad for you: Couples use compensatory control strategies to manage urinary incontinence*. Paper presented at the IARR 2015, Amsterdam, Netherlands.
12. Knoll, N. (2014, November). *Compliance der physischen Aktivierung? Psychologische Modelle der Gesundheitsverhaltensförderung*. Paper presented at the 9. Interdisziplinäres Forum: Knochen und Muskeln – Neue Welten, Berlin, Germany.
13. Knoll, N., Wiedemann, A. U., Schultze, M., Schrader, M., & Heckhausen, J. (2014, September). *Anpassung gesundheitsbezogener Autonomieziele während der Rehabilitation: Eine Studie mit Patienten und deren Partnerinnen nach radikaler Prostatektomie*. Paper presented at the 49. Kongress der Deutschen Gesellschaft für Psychologie, Bochum, Germany.
14. Knoll, N., Wiedemann, A. U., Schultze, M., Schrader, M., & Heckhausen, J. (2014, May). *Adjusting lines of defense during rehabilitation: Sequelae of radical prostatectomy in patients and their spouses*. Paper presented at the 26th Annual APS Convention, San Francisco, USA.
15. Knoll, N., Wiedemann, A. U., Burkert, S., Felber, J., & Schrader, M. (2013, September). *Partnerschaftliches Management postoperativer Einschränkungen funktionaler Gesundheit: Unsichtbare Unterstützung und ihre Verbindung mit Affekt und Beziehungskonflikten*. Paper presented at the 11. Kongress der Fachgruppe Gesundheitspsychologie der DGPs, Luxemburg, Luxemburg.

16. Burkert, S., Knoll, N., Schütz, T. & Elbelt, U. (2013, July). *Synergistic effects of dyadic and individual planning and cognitive capacity*. Paper presented at the 27th Conference of the European Health Psychology Society, Bordeaux, France.
17. Knoll, N., Wiedemann, A.U., Burkert, S., Felber, J. & Schrader, M. (2013, July). *Couples Managing the First Days of Sequelae Following Prostatectomy: Support Relations with Affect and Conflict*. Paper presented at the 27th Conference of the European Health Psychology Society, Bordeaux, France.
18. Wiedemann, A. U., Burkert, S., Knoll, N. & Sniehotta, F. F. (2013, July). *The past predicts the future? The influence of past behaviour on action plans and intervention effects*. Paper presented at the 27th Conference of the European Health Psychology Society, Bordeaux, France.
19. Knoll, N. Wiedemann, A.U., Heckhausen, J., Burkert, S., Felber, J. & Schrader, M. (2012, September). *Nutzung partnerschaftlicher Unterstützung und Selbstregulation bei Krebspatienten mit funktionellen Einschränkungen* [The utilization of partner support and self-regulation in cancer patients with functional limitations]. Paper presented at the 48th Congress of the German Psychological Society, Bielefeld, Germany.
20. Knoll, N., Wiedemann, A.U., Heckhausen, J., Burkert, S., Felber, J. & Schrader, M. (2012, August). *Men's Utilization of Spousal Support After Prostatectomy: Managing Autonomy in the Face of Postoperative Morbidities*. Paper presented at the 12th International Congress of Behavioral Medicine, Budapest, Hungary.
21. Knoll, N., Wiedemann, A.U., Heckhausen, J., Burkert, S., Felber, J. & Schrader, M. (2012, August). *The interplay of autonomy goals and spousal support: A prospective study with couples facing cancer*. Paper presented at the 26th Conference of the European Health Psychology Society, Prague, Czech Republic.
22. Knoll, N., Wiedemann, A.U., Heckhausen, J., Burkert, S., Felber, J. & Schrader, M. (2012, July). *Autonomy goals and support utilization: A longitudinal study with cancer patients and their partners*. Paper presented at the 33rd Conference of the Stress and Anxiety Research Society, Palma de Mallorca, Spain.
23. Wiedemann, A.U., Knoll, N., Burkert, S., Felber, J. & Schrader, M. (2012, March). *Akzeptanz partnerschaftlicher Unterstützung und Selbstregulation bei Prostatektomie-Patienten mit funktionellen postoperativen Einschränkungen* [Acceptance of spousal support and self-regulation in prostatectomy patients mit post-operative functional limitations]. Paper presented at the Conference of Psychosomatic Medicine and Psychotherapy, Munich, Germany.
24. Burkert, S., Knoll, N., & Gralla, O. (2011, August). *Dyadische Planung und individuelle Planung im Rahmen der Krankheitsbewältigung*. Vortrag auf dem 10. Kongress für Gesundheitspsychologie der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Berlin, 54.
25. Knoll, N., Burkert, S., Scholz, U., Roigas, J. & Gralla O. (2011, August). *Beziehungszufriedenheit moderiert Effekte der partnerschaftlichen Kontrolle auf Gesundheitsverhalten und Affekt*. Vortrag auf dem 10. Kongress für Gesundheitspsychologie der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Berlin, 31.
26. Wiedemann, A., Burkert, S. & Knoll, N. (2011, August). *Dyadische Bewältigung von Harninkontinenz: Soziale Unterstützung und selbstregulative Strategien fördern Gesundheitsverhalten bei Prostatektomie-Patienten*. Vortrag auf dem 10. Kongress für

Gesundheitspsychologie der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Berlin, 31.

27. Burkert, S., Knoll, N., & Gralla, O. (2011, July). *Dyadic and individual planning predicting pelvic-floor exercise*. Paper presented at the 32nd Annual Conference of the Stress and Anxiety Research Society, Münster, Germany.
28. Knoll, N., Burkert, S., Scholz, U., Roigas, J., & Gralla, O. (2011, July). *The dual-effects model of social control revisited: Relationship satisfaction as a moderator*. Paper presented at the 32nd Annual Conference of the Stress and Anxiety Research Society, Münster, Germany.
29. Wiedemann, A. U., Burkert, S. & Knoll, N. (2011, July). *Utilization of social support and self-regulatory strategies: How couples manage urinary prostatectomy patients' urinary incontinence*. Paper presented at the 32nd International Conference of the Stress and Anxiety Research Society, Münster, Germany.
30. Knoll, N. (2010, Oktober). *In sickness and in health: Predictors of spousal support provision*. Paper presented at the 1st Sino-German Workshop on Coping with Stress and Adversity, Berlin, Germany.
31. Burkert, S., Knoll, N. & Gralla, O. (2010, September). *Dyadische Planung, soziale und Selbstregulation aus zwei Perspektiven*. Vortrag bei dem 47. Kongress der Deutschen Gesellschaft für Psychologie, Bremen, Germany.
32. Knoll, N. (2010, September). *Anpassung der Selbstregulation und Unterstützungsnutzung bei Patienten mit Harninkontinenz nach Prostatektomie*. Vortrag auf dem gemeinsamen Kongress der DGMP/DGMS, Gießen, Germany.
33. Knoll, N., Burkert, S., & Gralla, O. (2010, September). *Reziproke partnerschaftliche Unterstützung bei krankheitsbedingten Funktionseinbußen: Eine Studie mit Paaren im Kontext der Prostatektomie*. Vortrag bei dem 47. Kongress der Deutschen Gesellschaft für Psychologie, Bremen, Germany.
34. Wiedemann, A.U. & Knoll, N. (2010, September). *Utilization of social support and self-regulatory strategies in radical prostatectomy patients with urinary incontinence*. Poster presented at the 24rd Annual Conference of the European Health Psychology Society, Cluj, Romania.
35. Knoll, N., Burkert, S., Luszczynska, A., Roigas, J., & Gralla, O. (2010, August). *Correlates of spousal support provision: Two studies with couples adapting to prostatectomy*. Paper presented at the 31st Annual Conference of the Stress and Anxiety Research Society, Galway, Ireland.
36. Schwarzer, R., Burkert, S., & Knoll, N. (2010, February). *Dyadic planning and its effects on pelvic-floor exercise and behaviour regulation*. Paper presented at the International Conference on "Stress and coping in close relationships: New theoretical and empirical insights", Zurich, Switzerland.
37. Burkert, S., Knoll, N. & Gralla O. (2009, September). *Dyadische Planung und ihre Auswirkungen auf das Gesundheitsverhalten und das Wohlbefinden*. Vortrag auf der Tagung der Deutschen Gesellschaft für Medizinische Psychologie (DGMP), Göttingen, Germany.
38. Knoll, N., Burkert, S., & Gralla, O. (2009, September). *Associations of Spousal Social Control with Health-Relevant Behavior and Affect: Relationship Satisfaction as a Moderator*. Paper presented at the 23rd Annual Conference of the European Health Psychology Society, Pisa, Italy, 234.

39. Burkert, S., Knoll, N., & Gralla, O. (2009, August). *Dyadische Planung: Soziale Austauschprozesse bei der Aufnahme von Beckenbodentraining nach einer Prostatektomie*. Vortrag auf dem 9. Kongress für Gesundheitspsychologie der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Zurich, Switzerland, 22.
40. Knoll, N., Burkert, S., & Gralla O. (2009, August). *Associations of Spousal Social Control with Health-Relevant Behavior and Affect: Relationship Satisfaction as a Moderator*. Paper presented at the 9. Kongress für Gesundheitspsychologie der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Zurich, Switzerland, 44.
41. Knoll, N., Burkert, S., Kramer, J., Roigas, J., & Gralla, O. (2009, July). *Relationship satisfaction and sexual functions in men receiving laparoscopic radical prostatectomy: Is providing support better than receiving?* Paper presented at the 30th Annual Conference of the Stress and Anxiety Research Society, Budapest, Hungary.
42. Burkert, S., Knoll, N. & Gralla O. (2008, September). *Dyadische Planung als Strategie der Gesundheitsverhaltensänderung: Eine Studie mit Prostatektomiepatienten und ihren Partnerinnen*. Vortrag auf dem gemeinsamen Kongress der DGMP/DGMS, Jena, Germany, 228.
43. Knoll, N., Scholz, U., Burkert, S. & Gralla O. (2008, September). *Längsschnittliche Assoziationen zwischen erhaltener sozialer Unterstützung und Selbstwirksamkeitserwartungen: Zwei Studien mit Prostatektomie-Patienten und ihren Partnerinnen*. Vortrag auf dem gemeinsamen Kongress der DGMP/DGMS, Jena, Germany, 26.
44. Burkert, S., Knoll, N., & Gralla, O. (2008, July). *Dyadic planning as an interactive self-regulatory strategy in health behavior change: A study with prostatectomy patients and their spouses*. Paper presented at the 29th International Congress of Psychology, Berlin, Germany, 204.
45. Knoll, N., Burkert, S. & Gralla, O. (2008, July). *Effects of spousal support on support recipients' self efficacy: A study with prostatectomy patients and their spouses*. Paper presented at the 27th Annual Conference of the Stress and Anxiety Research Society, London, UK.
46. Knoll, N., Schwarzer, R., & Kienle, R. (2008, July). *Situational appraisals and the transmission of depressive symptoms: A study with couples undergoing assisted reproduction treatment*. Paper presented at the 29th International Congress of Psychology, Berlin, Germany, 737.
47. Knoll, N., Burkert, S. & Gralla, O. (2008, Februar). *Zusammenhänge zwischen partnerschaftlicher Unterstützung und Selbstwirksamkeitserwartungen der Unterstützungsempfänger*. Vortrag bei der 5. Fachtagung Familienpsychologie, München, Germany, 68.
48. Burkert, S., Knoll, N., & Gralla, O. (2007, September). *Bewältigung einer Prostatektomie: Beckenbodentraining nach dyadischer Planung*. Poster bei der Tagung der Deutschen Gesellschaft für Medizinische Psychologie, Hamburg, Germany.
49. Dunkel, A., Burkert, S., Knoll, N., & Gralla, O. (2007, September). *Die Reziprozität sozialer Unterstützungsprozesse bei Prostatektomiepatienten und deren Partnerinnen*. Poster bei dem 8. Kongress für Gesundheitspsychologie der Fachgruppe

- Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Schwäbisch Gmünd, Germany, 63.
50. Gralla, O., Buchser, M., Anders, E., Knoll, N., Deger, S., Roigas, J., Loening, S. A., & Giessing, M. (2007, September). *Fast-Track Verfahren bei laparoskopisch radikaler Prostatektomie (LRPE) - Perioperative Daten von Patienten eines operativen Anfängers im Vergleich derer eines high-volume Operateurs*. Vortrag bei dem Kongress der Deutschen Gesellschaft für Urologie, Berlin, Germany.
 51. Knoll, N., Scholz, U., Burkert, S., & Gralla, O. (2007, September). *Effekte mobilisierter und erhaltener Unterstützung auf die Selbstwirksamkeitserwartungen der Unterstützungsgeber und -empfänger: Eine Studie mit Prostatektomie-Patienten und ihren Partnerinnen*. Vortrag bei dem 8. Kongress für Gesundheitspsychologie der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Schwäbisch-Gmünd, Germany, 24.
 52. von Lindequist, N., Burkert, S., Knoll, N., & Gralla, O. (2007, September). *Die Rolle sozialer Unterstützung bei erektiler Dysfunktion nach Prostatektomie*. Poster bei der Tagung der Deutschen Gesellschaft für Medizinische Psychologie, Hamburg, Germany.
 53. Burkert, S., Knoll, N., & Gralla, O. (2007, August). *Pelvic-floor exercise and social processes after a dyadic intervention with prostatectomy patients and their spouses*. Paper presented at the 21st Conference of the European Health Psychology Society, Maastricht, The Netherlands, 491.
 54. Procidano, M. E., Cieslak, R., Sakworawich, A., Hernandez-Plaza, S., Pozo-Munoz, C., Alonso- Morillejo, E., Domínguez-Espinosa, A., Salas-Menotti, I., Knoll, N., Zinken, K., Nausheen, B., & Gupta, A. (2007, July). *Perceived social support item functioning in nine countries*. Paper presented at the Annual Meeting of the Stress and Anxiety Research Society, Puna Cana, Dominican Republic.
 55. Knoll, N., Kienle, R., & Rosemeier, H. P. (2006, September). *Soziale Unterstützung bei Kinderwunschaaren: Ist Geben besser denn Nehmen?* Vortrag bei dem 45. Kongress der Deutschen Gesellschaft für Psychologie, Nürnberg, Germany, 283.
 56. Knoll, N., Burkert, S., Rosemeier, H. P., Roigas, J., & Gralla, O. (2006, July). *Predictors of decrease in spousal support: A study with prostatectomy patients and their partners*. Paper presented at the 27th Annual Conference of the Stress and Anxiety Research Society, Crete, Greece.
 57. Knoll, N., Kienle, R., & Rosemeier, H. P. (2006, July). *Affect and enacted support in couples undergoing in-vitro fertilization*. Paper presented at the 27th Annual Conference of the Stress and Anxiety Research Society, Crete, Greece.
 58. Knoll, N., Kienle, R., & Rosemeier, H. P. (2005, September). *Situationsbewertungen und soziale Unterstützung bei Paaren im Rahmen der Kinderwunschbehandlung*. Vortrag bei dem 7. Kongress für Gesundheitspsychologie der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Freiburg, Germany, 34.
 59. Knoll, N., Kienle, R., & Rosemeier, H. P. (2005, August). *Dyadic stress and social support in couples undergoing in-vitro fertilization*. *Psychology and Health* (suppl.), 20, 134. Paper presented at the 19th Annual Conference of the European Health Psychology Society, Galway, Ireland, 134.

60. Burkert, S., Knoll, N., & Scholz, U. (2005, August). Smoking cessation and dyadic planning. *Psychology and Health* (suppl.), 20, 36. Poster presented at the 19th Annual Conference of the European Health Psychology Society, Galway, Ireland, 134.
61. Knoll, N., Rieckmann, N., & Kienle, R. (2005, July). *The other way around: Do health indicators predict perceived social support?* Poster presented at the 26th Annual Conference of the Stress and Anxiety Research Society, Halle, Germany, 113.
62. Knoll, N. (2004, September) *Kongruenz der Situationsbewertungen und geleistete Unterstützung*. Vortrag bei dem 44. Kongress der Deutschen Gesellschaft für Psychologie, Göttingen, Germany, 1107.
63. Knoll, N. (2004, September). *I'll help you cope: Dyadic coping and social support*. Poster presented at the 18th Annual Conference of the European Health Psychology Society, Helsinki, Finland, 96. *Psychology and Health* (suppl.), 19, 96.
64. Knoll, N., Rieckmann, N., & Scholz, U. (2004, June). *Erhaltene Unterstützung moderiert die Auswirkungen von Multimorbidität auf die Entwicklung von Alltagsaktivitäten im Alter*. Vortrag bei der DGMP Jahrestagung: Gemeinsamer Kongress der Deutschen Gesellschaft für Medizinische Psychologie und Deutschen Gesellschaft für Medizinische Soziologie, Bochum, Germany, 9.
65. Wohlgemuth, A., & Knoll, N. (2004, März). *Die Bedeutung von personalen Ressourcen und Bedingungsressourcen für die Bewältigung einer Krebserkrankung*. Vortrag bei dem 6. Kongress für Gesundheitspsychologie der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Leipzig, Germany, 23.
66. Knoll, N., Rieckmann, N., & Scholz, U. (2004, März). *Gesundheit, funktionale Einschränkungen, gefühltes Alter und Wohlbefinden: Eine Studie mit Kataraktpatienten*. Vortrag bei dem 6. Kongress für Gesundheitspsychologie der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Leipzig, Germany, 45.
67. Knoll, N., & Rieckmann, N. (2004). Received support as a moderator between multimorbidity and change in functional capacity: a study with cataract patients. *International Journal of Behavioral Medicine* (suppl.), 11, 226.
68. Knoll, N., & Rieckmann, N. (2003, November). *Support utilization and adaptation to stress: A study with cataract patients*. Paper presented at the 55st Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA, 93.
69. Knoll, N., Rieckmann, N., & Schwarzer, R. (2003, September). *Correlates of support mobilization under stress: Consolation or ego damage?* Poster presented at the European Health Psychology Society (EHPS): 17th Conference of the European Health Psychology Society, Kos, Greece, 93.
70. Knoll, N., & Schulz, U. (2003). Stress in later life: Is trouble shared trouble halved? *Gerontologist* (suppl), 43, 92.
71. Knoll, N., & Rieckmann, N. (2002, September). *Bewältigungsbemühungen bei akutem Stress: Ist weniger mehr?* Posterbeitrag bei dem 43. Kongress der Deutschen Gesellschaft für Psychologie, Berlin, Germany, 1450.
72. Knoll, N., Rieckmann, N., & Schwarzer, R. (2002, June). *Coping as a personality process*. Paper presented at the 11th European Conference on Personality of the European Association of Personality Psychology in Jena, Germany, 122.

73. Sniehotta, F. F., Scholz, U., & Knoll, N. (2002, June). *State versus action orientation: A functional analysis of planning processes in goal implementation*. Paper presented at the 11th European Conference on Personality of the European Association of Personality Psychology, Jena, Germany, 110.
74. Rieckmann, N., Knoll, N., Scholz, U., & Schwarzer, R. (2001, September). *Subjektives Wohlbefinden und Alltagsaktivitäten bei Grauen Star Patienten mittleren und höheren Erwachsenenalters: Die Rolle akkomodativer und assimilativer Bewältigungstendenzen*. Poster für die 15. Tagung der Fachgruppe Entwicklungspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Potsdam, Germany.
75. Sniehotta, F. F., Knoll, N., & Schüz, B. (2001, September). *Self-efficacy beliefs and intentions in the adoption, initiation, and maintenance of health behaviors*. Paper presented at the 15th Annual Conference of the European Health Psychology Society and the Division of Health Psychology of the British Psychological Society, St. Andrews, Scotland.
76. Knoll, N., Rieckmann, N., & Schwarzer, R. (2001, July). *Affective adaptation in the context of cataract surgery: Does experience make a difference?* Paper presented at the XVII. World Congress of Gerontology, Vancouver, Canada.
77. Rieckmann, N., Knoll, N., & Schwarzer, R. (2001, July). *Effects of dispositional coping on subjective well-being and everyday activities in cataract patients undergoing surgery*. Paper presented at the XVII. World Congress of Gerontology, Vancouver, Canada.
78. Knoll, N., & Schwarzer, R. (2001, June). *Stressbewältigung bei Kataraktoperationen*. Vortrag für die Summerschool Gesundheitspsychologie, Schwäbisch Gmünd, Germany.
79. Rieckmann, N., Dick, B., Schwenn, O., Knoll, N., & Schwarzer, R. (2001, May). *Indicators of life-quality in cataract patients with multifocal vs. monofocal IOL*. Paper presented at the 14th Congress of Ophthalmosurgery, Nuremberg, Germany.
80. Knoll, N., & Rieckmann, N. (2001, April). *Affektive Anpassung im Kontext einer Kataraktoperation*. Vortrag bei dem 5. Kongress für Gesundheitspsychologie der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Oldenburg, Germany, 25.
81. Rieckmann, N., Knoll, N., & Schwarzer, R. (2001, April). *Direkte und moderierende Effekte sozialer Unterstützung bei Multimorbidität: Eine Frage des Kriteriums und des Alters?* Vortrag bei dem 5. Kongress für Gesundheitspsychologie der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Oldenburg, Germany, 42.
82. Scholz, U., Rieckmann, N., Knoll, N., & Schwarzer, R. (2001, April). *Verbesserte Sehfähigkeit nach erfolgreicher Katarakt-Operation: Entscheidet der präoperative Ressourcenstatus über erfolgreiche Anpassung*. Vortrag bei dem 5. Kongress für Gesundheitspsychologie der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Oldenburg, Germany, 48.
83. Rieckmann, N., Knoll, N., & Schwarzer, R. (2001, March). *Resilienz im Alter: Erste Ergebnisse einer Studie mit Katarakt Patienten*. Vortrag bei dem 5. Kongress der Deutschen Gesellschaft für Geriatrische Psychiatrie und Psychotherapie, Berlin, Germany.

84. Knoll, N., & Schwarzer, R. (2000, May). *Gender and age differences in social support: A study on East-German refugees*. Poster presented at the NATO Advanced Research Workshop, Budapest, Hungary.
85. Knoll, N., Renner, B., & Schwarzer, R. (1999, November). *Age makes a difference in health beliefs and nutrition behaviors*. Poster presented at the 51st Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
86. Knoll, N. (1999, October). *Coping as a personality process: How elderly patients deal with cataract surgery*. Poster presented at the Fall Academy of the Graduate Program on "The Psychiatry and Psychology of Aging", Dölln, Germany.
87. Knoll, N., Weidner, G., & Kohlmann, C. W. (1998, March). *Sex differences in health behaviors: A function of gender roles?* Poster presented at the Annual Meeting of the Society of Behavioral Medicine (SBM), New Orleans, LA.
88. Krohne, H. W., & Knoll, N. (1997, July). *Coping dispositions and success- or failure-related emotional states as determinants of attentional focus*. Paper presented at the 18th International Conference of the Stress and Anxiety Research Society (STAR), Düsseldorf, Germany.

Invited Talks

1. October, 2019, Analysis of Dyadic Interaction, Peer Mentoring Group, University of Zurich, Zurich, Switzerland: *Days in Motion: Lessons Learned*.
2. April, 2019, LIFE Introductory Workshop 2019, Foundations of Lifespan Research, Max Planck Institute for Human Development, Berlin, Germany: *Lifespan Health Psychology*.
3. October, 2017, Guest lecture, SWPS University, Wroclaw, Poland: *For better and for worse: Spousal exchange processes in couples facing and health challenges*.
4. May, 2017, Open Lecture Hall, Transforming our World, Freie Universität Berlin: *Gesundheit für alle: Infrastrukturelle Bedingungen sind notwendig – aber sind sie auch hinreichend? Gedanken zum UN-Ziel 3 (SDG3) nachhaltiger Entwicklung bis 2030*. [Health for all: infrastructure is necessary – but is it sufficient? Thoughts on the Sustainable Development Goal 3 (SDG3).]
5. April, 2016, Forschungsgruppe für Geriatrie der Charité – Universitätsmedizin Berlin am EGZB: *Die Focus Area DynAge: Altersassoziierte Erkrankungsprozesse beim Menschen: Dynamiken auf der Ebene von Molekülen, Individuen und Gesellschaft*.
6. November, 2015, Robert Koch Institut, Berlin, Germany: *Die Focus Area DynAge: Altersassoziierte Erkrankungsprozesse beim Menschen: Dynamiken auf der Ebene von Molekülen, Individuen und Gesellschaft*.
7. October, 2015, Cluster WIFO AZM, Berlin, Germany: *Psychologische Modelle der Gesundheitsverhaltensförderung*.
8. July, 2015, Deutsches Institut für Ernährungsforschung (DIfE), Potsdam-Rehbrücke, Germany: *Disease in human aging: Dynamics at the level of molecules, individuals, and society. The Focus Area DynAge*.
9. February, 2015, Kolloquium des Peer-Mentoring Netzwerks Analyse dyadischer Interaktion, Universität Zürich: *In guten wie in schlechten Zeiten: Partnerschaftliche Austauschprozesse bei gesundheitlichen Herausforderungen*. [For Better and for Worse: Spousal Exchange Processes and Challenged Health].

10. February, 2014, 26. Jahrestagung der AKPP in der DGZMK, Universität Gießen: *Psychologische Modelle der Gesundheitsverhaltensförderung*. [Psychological Models of Health Behavior Change].
11. February, 2013, Bioclub, Freie Universität Berlin: *Disease in Human Aging: Dynamics at the Level of Molecules, Individuals, and Society. Introducing DynAge*.
12. November, 2012, Kolloquium der Klinik für Hämatologie und Onkologie, Charité – Universitätsmedizin Berlin: *Geplante Focus Area: Disease in Human Aging – und was die Gesundheitspsychologie dazu beitragen kann*. [Planned Focus Area: Disease in Human Aging – Contributions from Health Psychology].
13. January, 2011, 27th Symposium on Methods in Social Psychology, University of Hamburg: *Partnerschaftliche Unterstützung im Erkrankungskontext: Bedingungen, Verlauf und Hinweise auf Effektivität* [Spousal Support in Illness Contexts: Predictors, Development, and Hints at Efficiency].
14. May, 2010, Kolloquium Gesundheitswissenschaften und Versorgungsforschung, Universitätsklinikum Leipzig: *Soziale Unterstützung bei Patienten nach Prostatektomie* [Social Support for Patients Following Prostatectomy].
15. September, 2009, Gästekolloquium des Masterschwerpunkts Sozial-, Organisations- und Wirtschaftspsychologie, Universität Zürich: *Soziale Austauschprozesse bei Erkrankungen: Zusammenhänge mit dem Wohlbefinden, der Beziehungsqualität und der Änderung gesundheitsrelevanten Verhaltens* [Social Exchange Processes and Diseases: Associations with Well-being, Relationship Quality, and Health Behavior Change].
16. May, 2009, Klinik und Poliklinik für Urologie, Charité – Universitätsmedizin Berlin: *Nutzung von Kontrollstrategien und partnerschaftlicher Unterstützung nach Prostatektomie* [Use of Control Strategies and Spousal Support Following Prostatectomy].
17. February, 2009, Klinik und Poliklinik für Psychosomatische Medizin und Psychotherapie, Universitätsmedizin der Johannes-Gutenberg-Universität Mainz: *Soziale Austauschprozesse bei Erkrankungen: Zusammenhänge mit dem Wohlbefinden und der Änderung gesundheitsrelevanten Verhaltens* [Social Exchange Processes and Diseases: Associations with Well-being and Health Behavior Change].
18. June, 2006, Klinik und Poliklinik für Psychosomatik und Psychotherapeutische Medizin, Charité -- Universitätsmedizin Berlin: *Partnerschaftliche Unterstützung im Rahmen der Kinderwunschbehandlung* [Spousal Support and Assisted Reproduction Treatment].
19. February, 2006, Klinik und Poliklinik für Psychosomatik und Psychotherapeutische Medizin, Universität Rostock: *Stress und soziale Unterstützung bei Kinderwunschpaaren: Ist Geben besser denn Nehmen?* [Stress and Social Support in Couples Undergoing Assisted Reproduction Treatments: Is Giving Better than Receiving?].
20. May, 2003, Institut für Psychologie, Ernst-Moritz-Arndt-Universität, Greifswald: *Subjektives Alter und Persönlichkeit im Kontext der Kataraktoperation* [Subjective Age and Personality: A study with cataract patients].

Workshops

1. Knoll, N. (2012, March). Missings [for Singles and Couples]. Workshop held at the Division Health Psychology, Freie Universität Berlin.
2. Knoll, N. (2011, March). Missings [for Singles and Couples]. Workshop held at the Peer-Mentoring Programme Interpersonal Analyses of Dyadic Interaction, Universität Zürich.